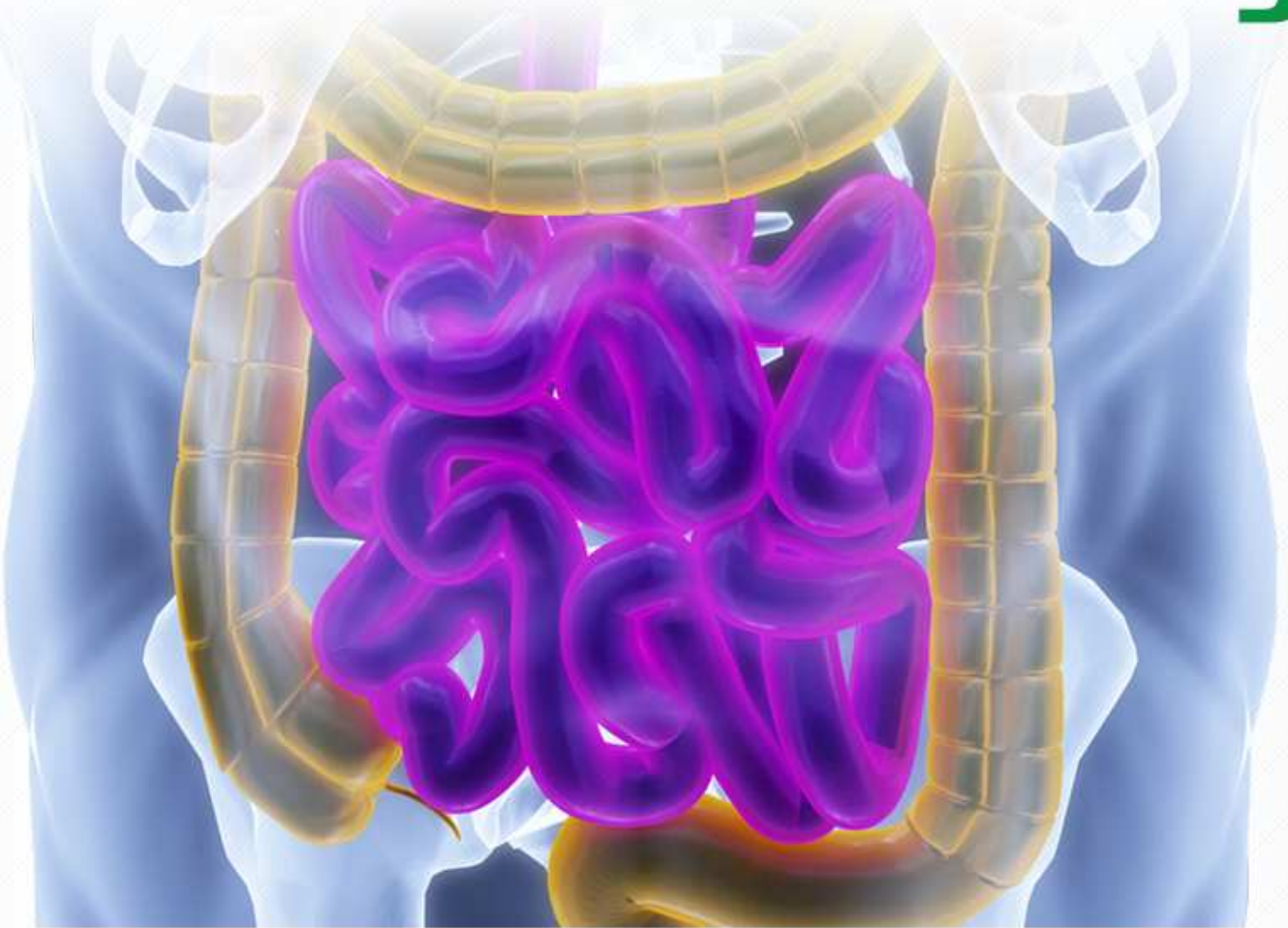


Ultimate Lifespan[®]
Better Health, Naturally!

Special Report

The Dirty Secrets of **Colon Cleansing**



Everything you wanted to know...
but were afraid to ask!

The Dirty Secrets of Colon Cleansing

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Do we have to talk about it?

If you're a typical American, your colon is probably the most neglected organ in your entire body. But did you know that it's the most vital in terms of your overall health?

Why do we neglect our colons? Because, for obvious reasons, colon health is a subject none of us wants to talk about in "polite conversation." Out of sight, out of mind.

What if I told you that a clogged colon is quite possibly robbing you of the energy, vitality and peace of mind that you deserve?

"I'm not constipated!"

You might say: "What's the big deal?" My colon must not be clogged because I have normal bowel movements.

Well, you may be shocked to learn that the National College of Chiropractic in Chicago performed autopsies on 300 bodies¹.

According to the histories of the deceased, 285 of them claimed that they were not constipated and had "normal" bowel movements. What the autopsies revealed absolutely amazed the examiners:



95% of the bodies examined were constipated!

Some of the bodies were found to have colons **bloated up to 12 inches in diameter** (a normal colon is 2-3 inches in diameter) and were encrusted with a long-term build-up of toxic material.

The "Serial Killer"

- In the United States, **1 out of every 17** Americans will develop colorectal cancer²
- **Deaths** from colorectal cancer **rank third** after lung and prostate cancer for men and after lung and breast cancer for women.
- Most colon cancers are tumors that develop from the glands **lining the colon's inner wall**.

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According to research conducted by Dr. Denis P. Burkitt, M.D. ³, **the length of time** food wastes remain in the bowel determines:

- How **putrefactive** (decayed or rotten) they become inside you
- How much **fat is absorbed** through your bowel wall (including unhealthy cholesterol)
- What sort of **toxins** develop in and **pass through your bowel**

Dr. Burkitt clearly linked how people with rapid bowel transit times (associated with clean, constipation-free colons) have dramatically fewer incidences of colon disease, including colon cancer.

Your 3 Point Checkup

Did you know that you're quite possibly being poisoned by your own body?

Most people have no clue as to why they're experiencing all too common health issues that can be a direct result of inadequate digestion and elimination.

Could this be happening to you? Here's a quick 3 question test that can help you find out:

1. Do you frequently feel sluggish, tired or lethargic? ____ Yes ____ No
2. Do you have arthritis or experience frequent body aches and pains, _____ including headaches? ____ Yes ____ No
3. Are you experiencing constipation, diarrhea or irregular bowel movements? ____ Yes ____ No

If you answered 'Yes' to any of the 3 questions, you could be heading for disaster. What do you do?

For starters, you should "clean yourself out" as soon as possible! Proper cleansing of the colon can loosen and remove years of the toxic build-up that could be caked on your colon's inner wall (which is exactly where most colon cancers develop).

But before you do that, meet what may be...

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Unwanted Guests Living Rent-Free Inside You!

I have to warn you. This gets graphic.

A nationwide survey reported by the **Chicago Tribune** utilized 414,820 samples of feces examined at 570 public and private laboratories in all 50 states. The survey says?

1 in every 6 people studied was harboring potentially dangerous parasites!

These parasites ranged from microscopic organisms to **fifteen-foot tapeworms**.

According to Dr. Bernard Jensen, best-selling author of "Foods That Heal," parasites are the **number-one health enemy in the world**. They outrank cancer as mankind's deadliest enemy worldwide.



The problem is so rampant, that *Discover Magazine* published a feature article on parasites in its August 2000 issue.

In the words of *National Geographic*, our bodies become “a sinister world of **monstrous creatures that feed on living fresh: parasites**”

What Can I Do Right Now?

An all-natural colon cleansing program, one that includes an ant-parasite regimen, is highly recommended by many health professionals trained in naturopathic and homeopathic healing.

But before you embark on a colon cleansing program, did you know...

Bacteria Can Be Your Friend!

Unfortunately, most clogged, toxic colons have too many “unfriendly” bacteria, which produce unwanted (and smelly) gas plus can cause disease.

It would be a crime to cleanse your colon and still not have your digestive system functioning

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properly. That's precisely what could happen if you don't reintroduce "friendly" bacteria, commonly referred to as "probiotics," back into your system while on your colon cleansing program.

An article in the May 2006 issue of *Alternative Medicine Magazine*⁴ says that probiotics not only prevent harmful bacteria from multiplying and causing disease, but they assist in the body's absorption of crucial nutrients.

Bottom line: taking a high quality probiotics supplement is a must when you're on a colon cleansing program!

"OK, So What's In It For Me?"

Thoroughly cleansing your colon, ridding your body of deadly parasites, and putting back the "friendly" bacteria will quickly have you on the road to optimum health.

Need more reasons why colon cleansing is right for you? Here are a few more of the many benefits of colon cleansing:

- Improved digestion, better elimination
- Less constipation, gas, bloating and indigestion
- Weight loss
- Less allergic or adverse reaction to foods
- Possible clearing of sniffles and coughs.
- Reduced mucus and congestion
- Ability to breathe more deeply
- Clear and more radiant skin
- More energy, vitality and overall improved health

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This Special Report was brought to you by Ultimate Lifespan, the makers of

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References

- ¹ “Dr. Jensen’s Guide To Better Bowel Care” by Dr. Bernard Jensen
- ² Source: WebMD.com
- ³ “Dietary Fiber and Disease” by Dr. Denis P. Burkitt, M.D
- ⁴ “Healing Power Of Probiotics” May 2006 issue of *Alternative Medicine Magazine*

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